

New Covenant M.B. Church
PARENTING NEWSLETTER



February 2022

EXERCISING THE GIFT OF GRACE

As Christians, we can recite many of the scriptures that discuss GRACE. We know that because of God's grace, we no longer carry the burden of our sins or do we? Ephesians 2:4-5 ESV states "But God, being rich in mercy, because of the great love with which He loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved."

As parents and being humans, there are times when our judgment or perception of the actions of our children is just plain wrong. We allow our emotions to react and make decisions and decide consequences based on those emotions. Many times, our lack of seeing situations from our child's perspective, because we wouldn't listen to his/her explanation, has led to consequences that just weren't fair toward our child. At other times we just didn't know any better.

God will provide wisdom in His time, which will help us to reflect on our actions. Once you determine that you were wrong and apologize, being the great parent that you are, you ask the child for forgiveness. Most of the time the child forgives, and then you move on. Sometimes you will offer them a treat or gift to express how sorry you are for the mistake.

Then there are the times, especially when dealing with a teen, when they will not forgive, and the (teen) may try to use that mistake as a weapon to make you feel guilty for the mistake you made. This is when you exercise the gift of GRACE toward yourself.

YOU CANNOT ERASE THE MISTAKE, but you must learn how to forgive yourself. You must now allow the grace of God to bring peace to YOU! Romans 11:6 states: "But if it is by grace, it is no longer based on works; otherwise, grace would no longer be grace."

This is a teachable moment; this moment will allow you to demonstrate Jesus in YOU! You show him/her that nothing you say can change YOUR love. You teach them that they cannot control your emotions or anybody else's by manipulating the emotion of guilt. Make this a time to discuss the fact that no one is above making mistakes, we all come short of the mark, but together as a family, you can overcome anything.

Everything you say and everything you do teaches your children something!

RESOURCE PAGE

SOME BLACK HISTORY FACTS

BLACK HISTORY IN THE UNITED STATES

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- 1619** Slavery comes to North America
 - 1793** The rise of the cotton industry leads to increased demand for slaves. The fugitive slave act, makes it a federal crime to help a slave trying to escape..
 - 1831** Nat Turner's Revolt, growth of abolitionism, and the Underground Railroad
 - 1857** Dred Scott case: the U.S. Supreme Court decreeing that slaves are not citizens.
 - 1861-1865** Civil War and emancipation. About 186,000 black soldiers joined the Union Army over the course of the war, and 38,000 lost their lives.
 - 1896** The U.S. Supreme Court establishes the separate but equal doctrine.
 - 1909** NAACP is founded with the goals of abolishing forced segregation, enforcing the 14th and 15th amendments, and equal education.
 - 1920** Harlem Renaissance
 - 1941-45** Over 3 million African Americans register for service. The Tuskegee Airmen fly over 3,000 missions but continue to face discrimination.
 - 1947** Jackie Robinson is the first African-American to play on a major league team.
 - 1954** Brown v. Board of Education
 - 1955** Emmett Till's murder; Claudette Colvin and Rosa Parks
 - 1963** Birmingham church bombed; Martin Luther King's "I Have a Dream" speech.
 - 1964** Civil Rights Act
 - 1965** Malcolm X's assassination.
 - 1968** Fair Housing Act, Martin Luther King's assassination.
 - 1972** Shirley Chisholm runs for president.
 - 1976** Oprah Winfrey launches her talk show.
 - 1992** Los Angeles riots.
 - 1995** Million Man March
 - 2001** Colin Powell becomes secretary of state.
 - 2008** Barack Obama becomes the 44th U.S. President.
 - 2020** Black Lives Matter movement gains momentum

www.mamasmiles.com/black-history-month-facts