



NEW COVENANT

MISSIONARY BAPTIST CHURCH

LOVE DON'T LIVE HERE ANYMORE MATTHEW 22:37-39

It is in Matt 22:37-39 where we find the _____ pad and _____ place of our Christian faith. We're commanded to love God with _____ of our self and love neighbor _____ self.

It's on _____ occasions, within the biblical text, where we're told to love our neighbor as our self.

Here in this statement Jesus _____ that there exists within humanity a high and _____ level of self love; however, the rather forbidding and foreboding analysis of the human condition is that we don't always do well in embracing both our beauty and our _____.

Because we've not learned how to embrace being imperfect humans who are in process, it can be difficult to demonstrate love towards other "in _____" people.

One of the unfortunate realities of the human brain is that it's hardwired towards _____ bias.

Humans experience on average 12K to 60K _____ per day:

- ✓ 70%-80% are _____
- ✓ 95% are _____

When we consider Matthew 22:37-39 the reality of the matter for many of us is that we're _____ found guilty of loving God, we're _____ found guilty of loving neighbor, but _____ found guilty of loving self.

When we read Vs 39 carefully it's clear that this command doesn't _____ with neighbor, rather it commences with us loving _____.

Nothing will have a greater _____ on our relationships with our neighbor than the relationship we have with our self.

How We Engage and Experience Self Love

Wrong Self Love

- Exalts my _____ tendencies
- Makes God _____ to my needs & wants
- _____ me to my mistakes and _____ my sin

Right Self Love

- Enables me to deny myself as I re-prioritize my life according to proper values and _____

- Enables me to recognize my _____ - where I end and God begins so that _____ doesn't deceive me into trying to do it all on my own
- Encourages me to _____ for myself physically, spiritually, and relationally as I recognize that self denial isn't an excuse for self _____

If we're going to do what Jesus said was important to do- pour love from ourselves into others, then love has to _____ within ourselves first.

Learning to love our neighbor starts with us developing an accurate view of how God sees us.

Our _____ comes from what God _____ about us. God says:

God wants us to love _____ the way God loves us so that we can in turn _____ that same love to our neighbor.

God isn't _____ to love the better or perfect version of you. You're loved _____!

WHAT IF?

- What if you stopped feeling _____ for putting yourself first?
- What if you stopped seeing loving yourself as egotistical, selfish, arrogant, or showing a lack of Christian character?
- What if you stopped considering yourself _____ and undeserving of God's love?
- What if the same love you've mustered up to give to others you started giving to yourself?
- What if you _____ your internal narrative and edited your self talk and changed the ways in which you speak to yourself about yourself?

This process to begin loving yourself again might require some _____.

Cheat Code: The more we open ourselves up to receiving God's love and allowing it to do the work of renewing and _____ us, the easier the process of loving our neighbor as ourselves becomes.

If it ever feels _____ to love others pause and _____ how well you're loving yourself.