

New Covenant M.B. Church  
**PARENTING NEWSLETTER**



**JUNE 2020**

Parents, the year 2020 has proven to be trying times. Truly, all the events of 2020 have caught the world unprepared for combatting the Covid19 Virus and all of the life changing impacts that came along with it.

Parents, we are seeing and feeling the impact of so much loss as well as being responsible for teaching our children how to cope with all the changes. How do we wrap our heads around so much **LOSS**? The loss of life, loss of income, loss of socialization, loss of the ability for going to school and Church.

**How well are we coping with so much LOSS? How are we going to teach our children how to cope with so much LOSS?**

**The bible says** *“The Lord is close to all whose hearts are crushed by pain, and he is always ready to restore the repentant one. Even when bad things happen to the good and godly ones, the Lord will save them and not let them be defeated by what they face.” Psalm 34:18-19 TP*

***Coping:***

Understand that nothing catches God by surprise!

Be honest and open with your children about the events, and its impact. Talk to them and ask them to express their feelings. **DO NOT dismiss their feelings.** It's important in developing secure children that they are heard by the people they love; it is ok to tell them that you are having some of the same feelings. It's ok to tell them that you do not know the answer. This is a great time to reassure them that God knows and will give the answer if they pray about it.

Research scriptures **together** on the subject of fear and loss, but also find scriptures of hope.

Sharing is a wonderful way to keep your mind off the negative thoughts. Have your children write thank you notes to essential workers, the mail man and delivery people. Encourage them to make cards for the sick and elderly letting them know that they are being thought about and send them to your local senior citizen building. Let them understand there is purpose in everything that God allows to happen. Remind them this a wonderful way that God is using them for the building of his Kingdom.

**Ephesians 2:10** - For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

# Resources

[OneSummerChicago@cityofchicago.org](mailto:OneSummerChicago@cityofchicago.org) One Summer Chicago brings together government institutions, community-based organizations and companies to offer over 30,000 **employment** and **internship** opportunities to youth and young adults ages 14 to 24. Apply NOW

As we face COVID 19 pandemic together would you like prayer support. Prayer Support for parents.

Tuesday 8:30 -9:30 am

Thursday 6:00 -6:30 PM

Phone number 630-556-1696 I.D. 608673342

Grief Support is being offered by the faith and community nurse from Advocate Health care

The nurse's name is LaShondria Purnell and her phone number is 708-506-8724